



## Baked Beans

Number of players	5 plus
Equipment	None
Skills Learnt	Following instructions, turn taking, imagination, learning English
Why do we like it?	It's funny watching everyone else do the actions
Where does it come from?	UK

**How to play:** One child is chosen as the caller and the others all follow the instructions. Choose a wall or corner as the 'can'.

Runner beans: run round in a big circle... Broad beans: arms and legs stretch wide... Kidney beans: being sick!... Jumping beans: jump on the spot  
Black eye beans: hand over one eye... Chilli beans: shiver... Beans on toast: lie on the floor... Baked beans! Everyone runs to the 'can' and the last one there is the next caller...See how many more actions you can make up.



## Stuck in the Mud/Salt posts

Number of players	10 plus
Equipment	None
Skills Learnt	Turn taking, co-operation, balancing, noticing
Why do we like it?	I like crawling through peoples legs
Where does it come from?	UK and Latvia

**How to play:** One or two children are the catcher/s (depending on the size of the group). The catcher tries to tag the other children. If you are tagged you are 'stuck in the mud' and must stand with your legs apart, until another child crawls through your legs to free you. This game can go on forever.

**Version 2:** In Latvia the game is based around the idea that when you are caught you turn into a 'salt post' and cannot move until someone frees you by touching you.