



## Cat and Mouse 🐱

**Number of players**

10 plus

**Equipment**

Large ball

**Skills Learnt**

Hand-eye co-ordination, co-operation, team building, non competitive, no turn taking!

**Why do we like it?**

You have to be really quick and look at both balls at once

**Where does it come from?**

UK

**How to play:** You need two balls, one larger than the other. Everyone sits or stands in a circle.

Explain how the Cat always chases the Mouse and the Mouse is little but quick. The balls are handed from one child to the next as quickly as possible.

Start the smaller ball, the Mouse, first and the larger one, the Cat, a few seconds later.



## Dog and Bone

**Number of players**

8 to 12 (even number of children)

**Equipment**

A scarf

**Skills Learnt**

Team spirit, listening skills, concentration

**Why do we like it?**

The children enjoy the competition

**Where does it come from?**

India Jaipur and Jamaica

**How to play:** Divide the children into two teams who stand apart but facing each other. Each team member is given a number so that the team members are paired with a person in the other team. A handkerchief is placed on the ground between the two teams.

Now you are ready to play. A referee calls out a number and there is a competition between the two people with that number to run and pick up the hanky. If you can get back to your team without the other person touching you, you get a point for your team. The team with the most points wins.